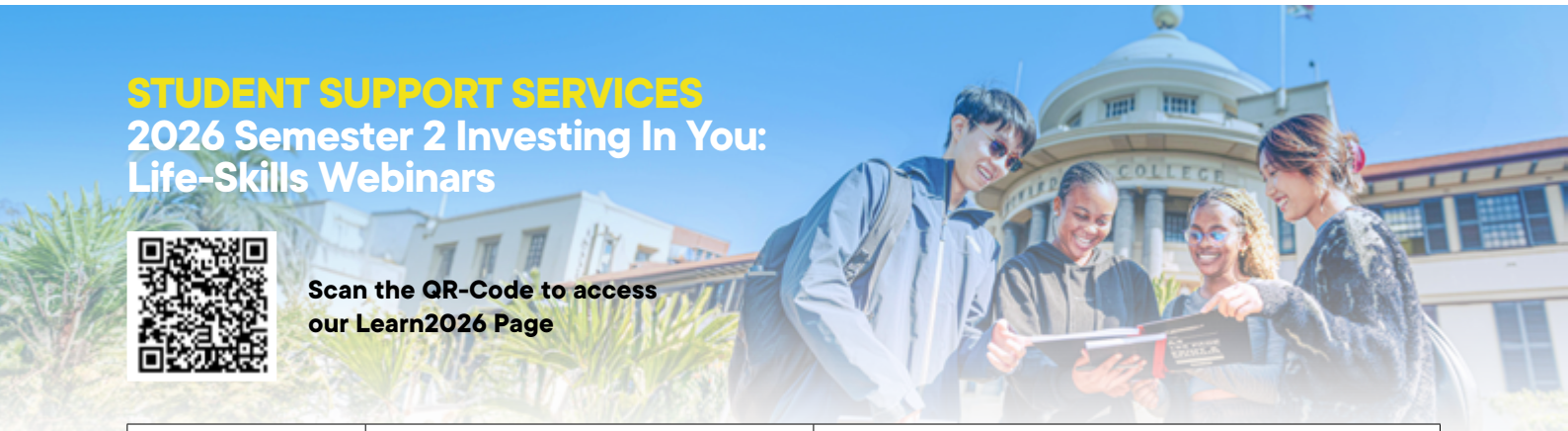
UNIVERSITY OF KWAZULU-NATAL
INYUVESI YAKWAZULU-NATALI

COLLEGE OF HUMANITIES



STUDENT SUPPORT SERVICES
2026 Semester 2 Investing In You: Life-Skills Webinars

Scan the QR-Code to access our Learn2026 Page

Tues, 01 Sept 2026	Stay Sharp, Stay Well: A MidSemester Wellbeing and Academic Check-in	**CLICK HERE TO JOIN MEETING** Meeting ID: 381 204 468 288 714 | Passcode: EV9YZ6Ap
Thurs, 03 Sept 2026	Note-Taking and Making the Most of Your Lectures	**CLICK HERE TO JOIN MEETING** Meeting ID: 330 170 470 432 929 | Passcode: qX6SF9h2
Tues, 08 Sept 2026	Time Management & Creating a Study Timetable	**CLICK HERE TO JOIN MEETING** Meeting ID: 372 001 414 989 891 | Passcode: Mj2JM9wP
Thurs, 10 Sept 2026	Academic Motivation	**CLICK HERE TO JOIN MEETING** Meeting ID: 379 737 289 854 681 | Passcode: bi24eG9v
Tues, 15 Sept 2026	Mindfulness	**CLICK HERE TO JOIN MEETING** Meeting ID: 348 081 904 365 333 | Passcode: vU7ZV94a
Thurs, 17 Sept 2026	Study Strategies & Power of Study Groups	**CLICK HERE TO JOIN MEETING** Meeting ID: 398 089 253 980 986 | Passcode: zg3Aw3RN
Tues, 06 Oct 2026	Healthy Relationships: peer pressure, loneliness, and social media	**CLICK HERE TO JOIN MEETING** Meeting ID: 386 477 096 311 60 | Passcode: iu2Kb3wL
Thurs, 08 Oct 2026	When Life Feels Like a Lot: Managing Stress and Anxiety	**CLICK HERE TO JOIN MEETING** Meeting ID: 329 447 725 243 085 | Passcode: dk7XU6av
Tues, 13 Oct 2026	Career Pathing	**CLICK HERE TO JOIN MEETING** Meeting ID: 381 333 954 625 267 | Passcode: R6av6bX2
Thurs, 15 Oct 2026	Promoting Mental Wellbeing and Responding to Suicide Risk	**CLICK HERE TO JOIN MEETING** Meeting ID: 368 057 655 226 611 | Passcode: ND36YW7H
Tues, 20 Oct 2026	Substance Use & Making an Informed Decision	**CLICK HERE TO JOIN MEETING** Meeting ID: 362 499 415 528 536 | Passcode: Kr9Z9mN9
Thurs, 22 Oct 2026	Study Smarter, Not Harder: The Ultimate Exam Prep Webinar	**CLICK HERE TO JOIN MEETING** Meeting ID: 370 452 608 335 321 | Passcode: fB9ij9hG