



Student Support Services

STUDENT WELLNESS AND ACADEMIC TRANSFORMATION



YOUR WELLNESS ... YOUR SUCCESS



Student Support Services (SSS) in the College of Health Sciences is committed to enhancing your wellness, holistic growth, and personal development.

Your success as a student is shaped by many factors, experiences, challenges, aspirations, and the support you receive along the way.

The SWAT programme helps YOU to understand your student journey better and us as SSS, to understand YOU better. By understanding your experiences and identifying your needs, we are able to timeously provide the appropriate support, so that YOU can thrive in your academic journey.

Caring for YOU means ensuring that every CHS student is connected to people, resources, and opportunities that strengthen your wellbeing, resilience and sense of belonging.

**Look out for the email link to participate in the SWAT Wellness Programme!
Be sure to connect with Global Protect to access the Wellness Assessment**



SWAT WELLNESS IS HERE