UNIVERSITY OF KWAZULU-NATAL
INYUVESI YAKWAZULU-NATALI

COLLEGE OF HUMANITIES

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STUDENT SUPPORT SERVICES

# INVESTING IN YOUR SUCCESS LIFE-SKILLS PROGRAMME

## College of Humanities Student Support Services - Term Two 2026 Life Skills Webinars

| WEBINAR TOPIC | DATE/TIME | MICROSOFT TEAMS MEETING LINK |
|---|---|---|
| **Stress Management & Managing Anxiety Webinar** | Tue, 7 April 2026<br>14H30 – 15H30 | **CLICK HERE TO JOIN MEETING**<br>Meeting ID: 389 676 941 781 76 \| Passcode: Pp7yr6zM |
| **Career Pathing Webinar** | Thurs, 9 April 2026<br>14H30 – 15H30 | **CLICK HERE TO JOIN MEETING**<br>Meeting ID: 367 214 794 473 76 \| Passcode: F3JB6aT6 |
| **Healthy Relationships, Loneliness, and Peer Pressure Webinar** | Tue, 14 April 2026<br>14H30 – 15H30 | **CLICK HERE TO JOIN MEETING**<br>Meeting ID: 385 861 885 802 15 \| Passcode: C8MM3zy7 |
| **Study Strategies and Power of Study Groups Webinar** | Thurs, 16 April 2026<br>14H30 – 15H30 | **CLICK HERE TO JOIN MEETING**<br>Meeting ID: 396 553 265 240 5 \| Passcode: Xf33Ld9t |
| **Stress Management & Managing Anxiety Webinar** | Tue, 21 April 2026<br>14H30 – 15H30 | **CLICK HERE TO JOIN MEETING**<br>Meeting ID: 370 709 407 820 9 \| Passcode: jm7JS3uq |
| **Time Management Webinar** | Thurs 23 April 2026<br>14H30 – 15H30 | **CLICK HERE TO JOIN MEETING**<br>Meeting ID: 347 235 766 565 16 \| Passcode: mZ2Cf782 |
| **Exam Preparation Webinar** | Tues, 5 May 2026<br>14H30 – 15H30 | **CLICK HERE TO JOIN MEETING**<br>Meeting ID: 381 729 120 375 71 \| Passcode: tW6K79dQ |
| **GBV & Mental Health Webinar** | Thurs, 7 May 2026<br>14H30 – 15H30 | **CLICK HERE TO JOIN MEETING**<br>Meeting ID: 326 971 635 422 50 \| Passcode: JV7zM6Ff |