

FIRST-YEAR EXPERIENCE PROGRAMME 2026



Welcome to the University of Kwazulu-Natal (UKZN) and the College of Humanities. The UKZN First-Year Experience Programme (FYEP) is a year-long programme designed to help you successfully transition from high school to university. The FYEP adopts a hyflex mode of delivery - you can, therefore, access and work through the programme at your own pace.

WHY MUST I ENROL FOR AND COMPLETE THE FYEP?

The UKZN Rules for a Bachelor's Degree, the **BR10**, states that for a bachelor's degree, a student must have successfully completed all components (all units) of the non-credit-bearing FYEP within their first year of enrolment at the university.

WHAT WILL I GAIN FROM THE FYEP?

Firstly, it will help you to transition from high school to university. Secondly, it will give you the required skills, attitudes, and knowledge to understand the academic and social demands of university-level study. Thirdly, it will lay your foundation for academic success.

WHY DO I NEED AN FYE MENTOR?

An FYE mentor is allocated to all first-year undergraduate students. **An FYE Mentor will advise you when contact or online sessions via MS Teams will take place.** The FYE mentor will monitor your participation and completion of the FYEP, ensuring you fulfil the BR10 rule.

Every first-year undergraduate student is assigned an FYE Mentor to support your transition into university life.

Your mentor will:

- Guide you on upcoming contact and online sessions via MS Teams
- Support you in staying on track with your FYEP Units
- Help you successfully complete the programme and meet the BR10 requirement

WHAT IS IN THE FYEP?

There are four units in the FYEP. You must complete units 1 and 2 in semester one and 3 and 4 in semester two. Once you have completed four units, it will be noted on your student academic record.



Unit 1

Supports your transition from high school to university

- Understand the University Environment,
- Becoming Part of the UKZN Community,
- Being a UKZN Student
- Digital and Information Literacy.



Unit 2

Supports your academic success

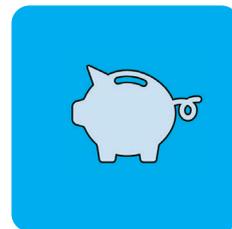
- Goal Setting,
- Learning Styles,
- Time Management,
- Effective Note-taking,
- Study Skills,
- Academic Writing, Referencing, And Plagiarism.



Unit 3

Supports your adjustment and integration into university life

- Health and Wellness,
- Self-awareness and Self-management,
- Healthy Relationships,
- Appreciating Diversity.



Unit 4

Supports your understanding of financial literacy and money management

- Money Management,
- Income and Budgeting,
- Financial Attitudes And Behaviour
- Making Informed Financial Decisions.

WHEN CAN I START?

The FYE Mentor will inform you about the key timelines for each unit.

HOW DO I LOG IN?

You can use an internet browser like Google or Microsoft Edge to access the UKZN FYE site. If you are unfamiliar with how to do this, the FYE Mentor will assist you.

THE FYEP GUIDE ON HOW TO LOG IN

<https://ww2.coh.ukzn.ac.za/how-to-login-to-fye-programme/>

UKZN FYEP SITE

<https://fye.ukzn.ac.za/>

LEARN MORE ABOUT THE FYEP

<https://www.youtube.com/watch?v=oH7asNmGIlA>

For queries or to find your mentor, contact an FYE Coordinator

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