

The University of Kwa-Zulu Natal (UKZN) is committed to meeting the objectives of Employment Equity to improve representativity within the Institution. Preference will be given to applicants from designated groups under our Employment Equity Plan.

COLLEGE OF HEALTH SCIENCES
SCHOOL OF MEDICINE
CENTRE FOR RESEARCH IN HEALTH SYSTEMS
ARISE NETWORK PROJECTS
REF.NO: ARISE RA 1

RESEARCH ASSISTANT (2) 10 Months (Fixed-Term Contract) HOWARD COLLEGE CAMPUS

The African Research, Implementation Science, and Education (ARISE) Network is based at the Centre for Research in Health Systems (CRH) within the School of Nursing and Public Health at the University of KwaZulu-Natal (UKZN). It is a multi-country research network focused on adolescent health. In collaboration with Heidelberg University and the Technical University of Munich in Germany, and Harvard University in the USA, ARISE is currently implementing two projects: NUTRINT and DASH.

NUTRINT (Policies in Sub-Saharan Africa and Reducing Nutrition-Related Noncommunicable Diseases in Adolescence and Youth) is funded by the EU Horizon programme and aims to improve nutrition and healthy lifestyles among adolescents in Sub-Saharan Africa by examining policies and interventions that enhance nutrition knowledge, diet quality, and reduce the risk of diet-related diseases.

The DASH project (Research Network for Design and Evaluation of Adolescent Health Interventions and Policies in Sub-Saharan Africa) focuses on identifying nutrition-related non-communicable disease risk factors among adolescents and young adults. It involves the co-design of integrated nutrition, mental health, and sexual and reproductive health interventions, and evaluates their effectiveness and cost-effectiveness to inform evidence-based and scalable adolescent health policies across the region.

The South African ARISE Network is recruiting two Research Assistants for a period of 10 months to support the implementation of both projects in line with study protocols and ethical requirements. The positions will be based mainly at the ARISE offices at Howard College, with additional work at the USINGA HDSS site (wards 79 and 82) in Umlazi township, Durban, as needed.

Minimum Requirements

- 3-year degree in a relevant discipline, such as Public Health, Psychology, Social Science and Social Work,
- 1 years' experience in research (home or community-based research), and administering interviews, ODK, or similar software,
- Good Clinical Practice (GCP) certification,
- Valid Driver's licence.

- Computer Literacy (MS Office – Word, Excel & PowerPoint),

Essential Requirements

- Fluency in isiZulu and English,
- Ability to work under pressure and meet deadlines,
- Willingness to work on weekends and late afternoon, when required,
- Basic clinical assessment (measuring weight, height, and haemoglobin).

Incomplete applications will not be accepted.

This post reports to Project Manager Sphindile Machanyangwa. Inquiries regarding this post may be directed to e-mail: Machanyangwa@ukzn.ac.za, telephone: 0312602425

The closing date for receipt of the application is **23 February 2026**. Applicants are required to complete the relevant application form which is available on the <https://hr.ukzn.ac.za/forms/> completed forms may be sent to Manqelet@ukzn.ac.za

Advert Reference Number MUST be clearly stated in the subject line.