



SESSIONS FOR UKZN STAFF CHILDREN

Hosted by an Intern Educational Psychologist

What is Play Therapy?

Play therapy helps children express their emotions, build self-esteem and cope with difficult situations - all through the natural language of play.

STARTING DATE:

August 2025

VENUE:

Office 2, Frank Bush Annex,
Pietermaritzburg campus,
UKZN

WHO:

Children aged 4-9 of
UKZN staff members

SESSIONS:

Limited to only 3 children
(Spaces are limited and allocated on
a first-come, first-served basis)

Each session is tailored to meet the emotional and developmental needs of your child.

To reserve a place or ask questions, contact: Ms. A. Mazongolo | MazongoloA@ukzn.ac.za | 033260 5966

Let's help your child explore, express, and thrive through the power of play!