



UNIVERSITY OF
KWAZULU-NATAL™
INYUVESI
YAKWAZULU-NATALI

EXTENDED LEARNING

Introduction to **Consciousness** and **Coaching**



Learn about the power and impact of meaningful engagement with people, for a purpose, across all spheres of life.

Every human being has the ability to have access to consciousness, and the potential to achieve success far greater than what human conditioning has led us to believe. This course offers holistic development and will cause sustainable shifts for the individual on all levels.

IN PARTNERSHIP WITH



THE CONSCIOUS WAY

Licensee for Consciousness Coaching® Academy

COURSE STARTS - 31 JULY 2014

OUR WORLD IS CHANGING...SHOULDN'T YOU?

Introduction to Consciousness & Coaching

How you will benefit. You will learn to:

- Have a greater awareness around human behaviour and become aware of how our unconscious patterns control our interactions with others
- Examine assumptions and perceptions; how they are formed and how to stop assuming and get the facts
- Understand the Ladder of Power™: A powerful communication and management tool: How to convert from being in reaction to one's circumstances (victim) and shifting immediately into empowered action anytime, anywhere
- Work with integrity; when your words and actions come into alignment resulting in accountability and execution
- Differentiate between Coaching, Mentoring and Therapy
- Develop the power of asking the right questions

Key focus areas:

- Introduction to coaching
- Greater awareness around human conditioning
- Tools to support accountability and execution
- Integrity and the role it plays in our sub-conscious mind

Who should attend:

- HR and Learning and Development Practitioners across all sectors
- Candidates from a wide range of organisations and sectors, who are interested in learning about the value of coaching and developing skills to assist them in their respective roles
- Emerging and existing individuals from SMME's

Entrance requirements:

Grade 12 National Senior Certificate

Programme fee:

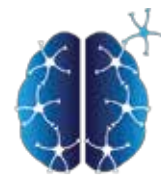
The course fee of R2 950 (incl. VAT) covers tuition, instruction material, lunch and refreshments

Estimated level:

National Qualifications Framework (NQF) :7

Duration:

1 day (8 hours)



THE CONSCIOUS WAY

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Facilitators include:



ILANA JOUBERT

Professional Consciousness Coaching® International Diploma and CCC® Certified Consciousness Coach by the Consciousness Coaching Academy. Ilana is an accredited Professional Coach qualified through the Consciousness Coaching Academy (CCA), as well as being a Coach Supervisor and Trainer and Facilitator. She is also a Director of The Conscious Way.



KARIN DE JAGER

Professional Consciousness Coaching® International Diploma and Examiner, Coach Supervisor, Coach Training and Professional Training Facilitator for Consciousness Coaching Academy® in Europe.

Karin is an accredited Professional Coach qualified through the Consciousness Coaching Academy (CCA), as well as being an Examiner, Coach Supervisor and Trainer and Facilitator. She is also a Director of The Conscious Way.



Business and Management Courses

- Certificate in Business Administration
- Certificate in Public Administration
- Managing for Impact (NEW MANAGERS)
- Finance for Non-Financial Managers
- Competent Project Management
- Supply Chain Management
- Management Development Programme

CONTACT INFORMATION

DURBAN

Hameeda Cassim:

T: +27 31 260 1234

E: cassimh@ukzn.ac.za

University of KwaZulu-Natal,
Howard College Campus, Gate 9,
Room 212, Innovation Centre,
Rick Turner Road,
Durban, 4001



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