


# CLMS STUDENTSUPPORT SERVICES (SSS)

 **ALL CLMS STUDENTS WELCOME**

Resilience: Surviving and

Thriving in University!

<https://ukzn.zoom.us/j/93189652300?pwd=Gqj3Ny8JXgcAY1SyNkeY8MRoxhyEaB.1>

Monday, 14 April 2025

12H20 – 13H20 (SAST)

AIM OF THE SESSION:

* **Help you build resilience**
* **Excel in your university journey**

**Maintain a positive mindset**

 **TO FIND OUT MORE, PLEASE CONTACT:** :

 [**https://stuukznac.sharepoint.com/sites/clmsstudentsupport**](https://stuukznac.sharepoint.com/sites/clmsstudentsupport)

 **Ms Nonhlonipho Biyela at**

**biyelan@ukzn.ac.za**