



PROJECT APPROVED WITH STIPULATIONS

REC: Social, Behavioural and Education Research (SBER) - Initial Application Form

16 August 2024

Project number: 27320

Project title: Psychological Needs as Predictors of Well-Being: Which Needs are Important in The South African Environment?

Dear Mr WA Saxby

The Social, Behavioural and Education Research Ethics Committee (REC: SBE) has reviewed your REC: Social, Behavioural and Education Research (SBER) - Initial Application Form submitted on 15/08/2024 11:58 and approved it with stipulations on 16 August 2024.

You can proceed with your research activities as long as you adhere to the conditions specified below.

This approval is only valid until the end of the protocol approval period:

Protocol approval date (Humanities)	Protocol expiration date (Humanities)
25 July 2024	24 July 2025

REC STIPULATIONS/CONDITIONS:

Title	Comment
8.1.1 Gatekeeper	The researcher is reminded to obtain permission from the participating organisation(s) before recruitment and/or data collection may commence. Proof of permission should be uploaded to the REC online application once received.
8.1.1 Gatekeeper	The researcher indicated that SU-affiliated persons will be recruited to take part in this study. The researcher may only commence with recruitment and data collection after permission is obtained from the SU Division for Information Governance (www.sun.ac.za/permission). The researcher is requested to supply the REC with proof of permission as soon as this is secured.

How to respond to the REC: SBE's stipulations:

If you require a final letter from REC: SBE confirming that you have complied with the stipulations mentioned above, please submit your response using the steps provided in the links below. This is a necessary step to receive the confirmation letter.

[Instructional video](#) (See: How to edit your online application)

[FAQ guide](#) (See: Form FAQs > How to revise/edit my online form)

[Template for response letter](#) (See Other templates > Response letter template)

INVESTIGATOR RESPONSIBILITIES

1. Please read the General Investigator Responsibilities attached to this approval letter.
2. Always use your project ID number (27320) in all correspondence with the REC: SBE concerning your project.
3. The REC: SBE has the prerogative to ask further questions, seek additional information, and monitor the conduct of your research, where required.

List of documents approved by the REC: SBE:

Document Type	File Name	Date	Version
Default	G Gorgens-Ekermans CV Oct 2023	04/06/2024	Final
Budget	Research Expense Budget	07/06/2024	1
Letter of support_counselling	South African Depression and Anxiety Group	10/06/2024	1
Default	Position document on the Race variable in research at SU_DIP FINAL	10/06/2024	1
Default	W Saxby Research Proposal GG 09 04 24	10/06/2024	1
Default	donnellan2006	10/06/2024	1
Default	oishi1998	10/06/2024	1
Default	sheldon2001	10/06/2024	1
Default	watson1988	10/06/2024	1
Proof of permission	SU Division of Information Governance	20/06/2024	1
Recruitment material	Invitation Flyer	20/06/2024	2
Data collection tool	2. The Need Salience Questionnaire	20/06/2024	2
Data collection tool	3. The PANAS	20/06/2024	2
Data collection tool	4. The Mini-IPIP	20/06/2024	2
Data collection tool	5.1. Demographic Information SU	20/06/2024	2
Data collection tool	5.2. Demographic Information UKZN	20/06/2024	2
Data collection tool	5.3. Demographic Information UWC	20/06/2024	2
Request for permission	SU Division of Information Governance	20/06/2024	1
Request for permission	Institutional Permission form UKZN	20/06/2024	2
Default	Proposed Measures	20/06/2024	2
Recruitment material	RECRUITMENT EMAIL	21/06/2024	2
Data collection tool	1. The Pairwise Comparison Survey V3	23/06/2024	3
Research Protocol/Proposal	ABRIGED 2.0 RECOVERED	23/06/2024	2
Informed Consent Form	Informed Consent Page SU	14/08/2024	3
Informed Consent Form	Informed Consent Page UKZN	14/08/2024	3
Informed Consent Form	Informed Consent Page UWC	14/08/2024	3
Request for permission	UKZN Sample request email	14/08/2024	1
Proof of permission	Approval-UWC-EXT	14/08/2024	1
Default	RESPONSE LETTER	14/08/2024	1

If you have any questions or need advice pertaining to the contents of this letter, please contact the REC administrative officer, Mr Aden Williams at aden@sun.ac.za.

Sincerely,

Ms CA Toi

Secretariat: Social, Behavioural and Education Research Ethics Committee (REC: SBE)

National Health Research Ethics Committee (NHREC) registration number: REC-050411-032.

The Social, Behavioural and Education Research Ethics Committee complies with the SA National Health Act No.61 2003 as it pertains to health research. In addition, this committee abides by the ethical norms and principles for research established by the Declaration of Helsinki (2013) and the Department of Health Guidelines for Ethical Research: Principles Structures and Processes (2nd Ed.) 2015. Annually a number of projects may be selected randomly for an external audit.

Principal Investigator Responsibilities

Protection of Human Research Participants

Once Research Ethics Committee approval is confirmed, you are responsible for the following:

Conducting the Research: You are responsible for ensuring that the research is conducted according to the REC-approved research plan. You are jointly responsible for the conduct of all co-investigators and any research staff involved with this project. The research must be conducted according to the recognised standards of your research field/discipline and according to the principles and standards of ethical research and responsible research conduct.

Informed Consent: You are responsible for obtaining and documenting affirmative informed consent using the REC-approved consent documents/process, and ensuring that no participants are involved in research without obtaining their affirmative informed consent. Please store the originally signed informed consent form(s) in a secured, REC-approved location for at least five (5) years after the research is complete.

Extension of project approval: You are required to submit a progress report to the REC: SBE at least two (2) months before the approval lapses. There is **no grace period**. Once REC approval of your research lapses, all research activities must cease, and you must contact the REC immediately.

Amendments and Changes: Any planned changes to any aspect of the research (such as research design, activities, procedures, participant groups, informed consent documents, data collection instruments, surveys or recruitment materials, etc.), must be submitted to the REC for review and approval before implementation. Amendments may not be implemented without written REC approval. The **only exception** is when a deviation is deemed necessary to eliminate apparent immediate hazards to participants and the REC should be immediately informed of this necessity.

Adverse or Unanticipated Events: Any serious adverse events, participant complaints, and all unanticipated problems that involve risks to participants, or research team members, as well as any research-related injuries, occurring at this institution or at other performance sites must be reported to the REC within **five (5) days** of discovery of the incident. The PI must also report any instances of serious or continuing problems, or non-compliance with the RECs requirements for protecting human research participants.

Research Record Keeping: The PI must keep the following research-related records, at a minimum, in a secure location according to the approved data management plan: the REC approved research proposal and all amendments; all informed consent documents; recruiting materials; continuing review reports; adverse or unanticipated events; and all correspondence and approvals from the REC.

Provision of Counselling or emergency support: When a dedicated counsellor or a psychologist provides support to a participant without prior REC review and approval, to the extent permitted by law, such activities will not be recognised as research nor the data used in support of research. Such cases should be indicated in the progress report or final report.

Final reports: When the research is completed (no further participant enrolment, interactions or interventions), the PI must submit a Final Report to the REC to close the study.

On-Site Evaluations, Inspections, or Audits: If the researcher is notified that the research will be reviewed or audited by the sponsor or any other external agency or any internal group, the PI must inform the REC immediately of the impending audit/evaluation.