**COLLEGE OF HEALTH SCIENCES**

**STUDENT SUPPORT SERVICES** **& TEACHING AND LEARNING OFFICE**

**SWAT PROGRAMME - 2024 PEER WELLNESS MENTOR**

**FIXED TERM CONTRACT POSITION**

**Reference: CHS Peer Wellness Mentor/2024 Closing date: 06 October 2023**

The College of Health Sciences: Student Support Services seek to employ registered senior students, in the respective disciplines, as Peer Wellness Mentors (PWMs) for the 2024 academic year. The successful incumbents will be expected to undergo training prior to appointment and commencement of duties.

**Minimum requirements**

* Registered student in the College of Health Sciences for the 2024 academic year
* Registered for their **2nd year or higher level** of study in 2024
* Must have a good academic record
* Must have up to **5 *hours per week*** available to devote to the Peer Wellness Mentor Programme
* Peer Wellness Mentors must complete the full Mentorship training
* Peer Wellness Mentors must be available from the point of student registration to commence with peer mentoring sessions with Mentees
* Duties and payment do not occur during recess periods.
* PWMs must not hold any other contract post within the University

**Key Functions**

* Provide basic social support, information and guidance to first year students
* Identify students in need and promptly refer such students to the CHS: Student Support Services (Student Counsellors)
* Offer group sessions to mentees transitioning into the University environment
* Attend compulsory ongoing Peer Wellness Mentor training sessions
* Attend compulsory monthly supervision and debriefing sessions
* Offer weekly contact sessions and maintain mentee attendance records
* Compile monthly statistical and narrative reports of sessions

**Skills Required**

* Good communication and interpersonal skills
* Work with small groups of diverse students
* Demonstrate good leadership skills
* Exhibit self-discipline and effective time management
* Proficient in administrative tasks

**Attributes**

* Respect and integrity in working with students
* Tolerant, patient and open-minded
* Maintain confidentiality
* Be a team player
* Reliable and committed to supporting students
* Strong work ethic and a passion for helping others
* Uphold the REACH-T Principles of the university

No emailed copies will be considered. ALL applications must be completed online.

Upload your brief motivation highlighting why you would qualify as a suitable Peer Wellness Mentor to your application via the online link. Incomplete applications will not be considered.

Click here for the PWM Google Forms Application link: [PWM Application Link](https://forms.gle/m29BEoUEM1BhVJ3j8)

Enquiries regarding this post are to be directed to Rowan Madzamba [**MadzambaR@ukzn.ac.za**](mailto:MadzambaR@ukzn.ac.za)