



University of Fort Hare
Together in Excellence

Faculty of Health Sciences HEALTH RESEARCH ETHICS COMMITTEE

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ETHICAL CLEARANCE CERTIFICATE REC-100118-054

Certificate Reference Number: Ref#2023=03=29= Rathilal A

Project title: The Dark Triad Personality Traits, Motivation and Mood States in Exercise Dependence Amongst South African University Students
Nature of Project: Doctor of Social Science (Psychology)
Principal Researcher: Ashrene Rathilal
Student Number: 202244850
Supervisor: Prof Leon van Niekerk

On behalf of the University of Fort Hare Health Research Ethics Committee (HREC), I hereby give ethical approval in respect of the undertakings contained in the above-mentioned project and research instruments(s). Should any other instruments be used, these require separate authorization. The Researcher may therefore commence with the research from the date of this certificate, using the reference number indicated above.

Please note that the HREC must be informed immediately of

- Any material changes in the conditions or undertakings mentioned in the document
- Any material breaches of ethical undertakings or events that impact upon the ethical conduct of the research

The Principal Researcher must report to the HREC in the prescribed format, where applicable, annually, and at the end of the project, in respect of ethical compliance.

The HREC retains the right to

- Withdraw or amend this Ethical Clearance Certificate if
 - Any unethical principles or practices are revealed or suspected
 - relevant information has been withheld or misrepresented
 - regulatory changes of whatsoever nature so require
 - the conditions contained in the Certificate have not been adhered to
- Request access to any information or data at any time during the course or after the completion of the project.

- In addition to the need to comply with the highest level of ethical conduct principal investigators must report back annually as an evaluation and monitoring mechanism on the progress being made by the research. Such a report must be sent to HREC monitoring@ufh.ac.za.

The Ethics Committee wishes you well in your research endeavours.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Maya Van Gent', enclosed within a dashed rectangular border.

Prof Maya Van Gent
Acting Chairperson HREC
29 March 2023