

## College of Humanities Student Support Services

### ONLINE DEVELOPMENTAL LIFESKILLS SEMESTER TWO WEEK: 11 – 14 OCTOBER 2021

Dear Humanities Students,  
You are invited to attend the following online lifeskills/developmental webinars. Looking forward to engaging with you.

Topic	Day and Date	Time	Click to Join	Meeting ID & Passcode
<b>Key Skills for University Success: Creating a study timetable</b>	<b>Mon, 11 Oct</b>	<b>14:30-15:30</b>	<a href="#"><u>Join</u></a>	Meeting ID: 947 7734 4386 Passcode: 118995
<b>Investing in You: Mindfulness</b>	<b>Tues, 12 Oct</b>	<b>14:30-15:30</b>	<a href="#"><u>Join</u></a>	Meeting ID: 920 9739 2773 Passcode: 582539
<b>Key Skills for University Success: Practical memory strategies</b>	<b>Wed, 13 Oct</b>	<b>14:30-15:30</b>	<a href="#"><u>Join</u></a>	Meeting ID: 941 4466 7144 Passcode: 331253
<b>Investing in You: Substance use and abuse: Making informed choices</b>	<b>Thurs, 14 Oct</b>	<b>14:30-15:30</b>	<a href="#"><u>Join</u></a>	Meeting ID: 948 6772 4227 Passcode: 634718

The Protection of Personal Information Act (POPIA) came into effect on 1 July 2021. Please be advised that all personal information that you supply will be stored electronically in our database, will be strictly safeguarded as per the POPI Act and will only be used for the purpose of communicating and conducting our work with you. We may use the Zoom or Teams platforms for our sessions. Please click this link for information on Zoom's privacy statement: [Zoom Privacy Statement 04 June 2021](#) and click this link for information on Teams' privacy compliance: [Privacy, security, and compliance in Microsoft Teams](#)