

**School of Education
Community Engagement**

..... Presents

**CREATIVE NETWORK
MAGAZINE**

About This Volume

**Students and Staff from ALL universities and members of the general public were invited to:
'Write about their current experiences in a creative way - a story, lyrics, poem, drawing etc...
including how learning can take place during this time'.**

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A message of love for all Valentines

by

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Submitted: Monday, 08 February 2021

Love is one of the most spoken and least understood words in our daily vocabulary. Love is commonly equated with sensual enjoyment. However, as we will see below, love is more than sensual enjoyment.

In all religions and cultures of the world, love is a sacrament. Love requires one to give up selfishness. Love means not expecting anything in return. There is a universal belief that "God is love". The Mahabharatha (a Hindu epic) declares that human beings should do everything they have but without greed, ego, lust, and envy. Instead, we should act with love, compassion, and devotion.

It has been said, "love should set another person in love with us free". We should not see love as a contractual relationship of compromise. True love is devoid of expectation, anger, and any other negative emotion.

According to Hindu Philosophy, the five stages of love are sensory craving, rapturous intimacy, generous compassion, devotion, and unconditional self-love.

Sensory craving means "craving for sense objects, and this generally refers to sexual desire". Hinduism does not associate sex with shame but considers it a positive aspect of human existence.

What is discouraged is illicit sex and sex outside the bonds of marriage. Hinduism considers illicit sex and adultery as a severe breach of righteous living. Marriage is sacred and is a highly sanctified relationship. Sex (or enjoyment of sense objects) is devoid of emotional feeling if there is no real intimacy and sharing. Rapturous intimacy may be explained as romance. Rapturous intimacy encourages sharing secrets and exchanging creative gifts (among others). It also involves adventure, music, dance, poetry, and many other romantic gestures. Generous compassion means motherly love. It is love that is most giving and least selfish. Generous compassion is motherly love, not just for ones' partner or children, but also for all living beings.

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**INTERESTED IN SUBMITTING
A CREATIVE PIECE**

Submit your piece to any team member by e-mail or WhatsApp by Wednesday of every week.

SUBMIT - PERMISSION IS GRANTED TO THE EDITORS TO PUBLISH MY CREATIVE WORK IN THE MAGAZINE.

When one becomes compassionate with everyone, then one may become more compassionate towards ones' partner. Compassion for all is the start, not the end. Ancient Hindu sages imagined a form of love that expanded to the whole of creation. The path to finding this love is called devotion (interpersonal love). Devotion allows one to cultivate a love for others and to God. The love of God can be the highest form of kindness, truth, or justice. Luminaries like the Dalai Lama and Nelson Mandela were passionate and committed to these highest forms of truth, kindness, and justice. Unconditional self-love signifies that the love that started towards others is now directed inside towards the self. Unconditional self-love teaches us that we are part of creation and that we are the children of the highest. When we profoundly love others, and ourselves the love knows no boundaries and thus becomes unconditional. The five stages of a lovers' journey remind us that it is unnecessary to renounce physical love and romance to pursue higher love. When we develop ourselves in these five stages, we free ourselves from the attachment of physical romance only and thus love most unconditionally.

Couples in love are encouraged to trust in their love and not to ill-treat their partner. It is important for young couples to love to give and not to show. Their love should not be restricted to the physical only but should be mental too.

As human beings, we can judge right from wrong. Our consciousness helps us to love unconditionally, forgive and carry empathy. The Bhagavad Gita (a Hindu scripture) says, "blessed is a human birth, even the dwellers in heaven desire this birth, for true knowledge and pure love may be attained only by a human being". The Bhagavad Gita continues to educate us that love is the highest emotion one can possess. Love helps to make a truce with the enemy, forgive others, and keeps away the negative.

Die vyand tussen my ore

by

Nicolene Butler

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Wie is ek? Waarheen is ek op pad? Ek ken myself nie meer nie. Ek is 'n vreemdeling, vasgevang in 'n vreemde lyf. Kom ek of gaan ek. Ek weet nie meer herwaarts of derwaarts.

Ek voel stom, want my woorde is op. Ek is soos 'n robot van al die pille. Zombie is die gepaste naam. Ek bestaan; ek leef nie. Elke dag is 'n roetine. Vervelige take dag tot dag. Half ses skree my alarm. Ek voel nog oes. Opstaan. Stort. Ontbyt. Werk toe.

Hoe lank gaan dit so aangaan. Wie is baas. Ek of jy jou selsugtige vyand. Ek is siek en sat van jou gekerm. Jy beroof my van my lewe. Jy tap my laaste kragte met jou geneul op my kloppende kop. Die geraas dreun soos donderweer in my ore. Hoe lank gaan ek nog jou gesanik duld.

Vandag neem ek eienaarskap van my lewe. Jy het genoeg van my besteel. Jy is 'n leuenaar. Jy bedrieg my met jou leuens en valse illusies. Tyd is min, om reg te maak, wat jy verbrou het. Genoeg is genoeg. Vandag verwyder ek jou met wortel uit my lyf en siel. Jou tyd is verby.

My tyd het aangebreek. Vandag skryf ek 'n nuwe hoofstuk. Sonder donker wolke, angs en trane. Ek is 'n nuwe mens sonder pille om die dag deur te maak. Ek het finaal besluit dat jy nie meer langer my lewe gaan oorheers nie. Vaarwel, jou selsugtige vyand. Terug na die donker duisternis, waar jy behoort.

Ek verdryf jou met die Lig. Alles wat stukkend en vernietig is, sal deur die Lig genees word. Die einste diep wond wat jy met jou verwoestende kragte veroorsaak het, gaan deur die Lig genees word. Lig teenoor donker. Heling teenoor vernietiging.

Waar is jou angel nou, jou selsugtige vyand. Ja, ek wil weet, want hier staan ek beter en sterker as gister.

Dis glad nie so maklik soos ek gedink het dit gaan wees nie. Ek voel so eensaam en alleen. Selsugtige vyand waar is jy. Ek moet erken ek mis jou teenwoordigheid. Alles is koud en donker. Ek tas rond opsoek na jou. Kom terug, asseblief. Ek smee jou. Kom terug. Die geraas is stil soos die graf. Ek sal wat gee om weer jou gedonder in my ore te hoor.

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Ek pleit, asseblief kom terug. Slapelose nagte. Tik, tok, tik, tok. Die geluid van my horlosie teen die bleek muur. Bleek soos my siel, sonder jou.

Terug op die pille. Die keer 'n sterker dosis as tevore. Ek weet nie hoe ek myself deur gaan dra tot die volgende dag. Die nag is eindeloos lank. Ek kan nie slaap nie. My oë is moeg. Half ses skree my alarm. Ek weier om op te staan. Die voëls sing opgewonde buite om 'n nuwe dag aan te kondig.

Ek lê en staar na die plafon. Waar sal my hulp vandaan kom. My trane vloei oor my koue wange. Hoekom ek. Wat het ek gesondig om so gestraf te word. Geen antwoord. Geen reaksie. Dit maak my gek. Stapelgek.

Ek skrap moed bymekaar en staan sukkelend op uit my bed. Ek staar deur die venster. Wat is fout met die prentjie. Buite gaan die lewe voort. Ek sukkel om my lewe te vind. Meteens besef ek. Daar is hoop, vir 'n sondaar soos ek. Hoe kan ek toelaat dat 'n lewelose vyand my beroof van my vreugde en geluk. Ek bots met my innerlike emosies. Die stem in my kop begin weer. Jy is nie goed genoeg nie. Jy is 'n swakkeling snou hy my toe. Vir 'n sekonde glo ek dit. Hy is sterker en kragtiger as ek. Ek voel moedeloos en swak. Ek gee op. Ek gee oor. Jy het gewen, erken ek aan hom.

Ek gaan sit in die hoekie. Opgekrul en verslae, soos Dawid wat verslaan is deur Goliath. Hoe lank moet ek worstel met jou, selfsugtige vyand. Ek laat toe dat hy my onderkry. Hy is 'n skim. Hy is in my kop. Die vyand tussen my ore. Die geraas is oorweldigend. Ek kan dit nie meer langer verduur nie. Ek val op my knieë. Here, asseblief help my. Ek is swak. Tree in asseblief en verlos my van die selfsugtige vyand in my kop. Verslaan die monster wat my lewe vernietig.

My gemoed is kalm. Ek gaan lê op my bed. Ek voel verlig en verlos. Die kettings van die euwel is verbreek. My selfoon lui. Ek skrik. Dis my werk. Waar is jy, wil hulle weet. Ek is siek. Ek kom nie vandag in nie. Ek gaan stort. Eet onbyt. Ek voel uitgerus. Ek gaan sit in die park oorkant my woonstel. Die varslug en sonlig is goed vir my gemoed. Ek moet intree. Ek moet my lewe regruk. So kan ek nie aangaan nie.

Totsiens, ek groet jou, selfsugtige vyand. Jy het gevat wat nie aan jou behoort nie. Ek eis veelvuldig terug wat jy van my gesteel het. Ek voel vry en lus vir die lewe. Haat en verwyte is oorwin deur liefde en versoening. Ek lewe. Dis my tyd om te skitter.

DO THEY SURVIVE?

by

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A moment of silence. Then reflect: "A young woman comes from the spring balancing a jerrycan of water on her head. As she climbs up the footpath, suddenly she beholds a group of five men. They are dressed in dirty mixed military and casual fatigue. One, supposedly their leader, carries a gun and a walkie-talkie while the others tow behind with machetes dripping red. It is too late, they seize her. Before the last one has his turn, the walkie-talkie rings. It is an urgent summon back to camp. The sullen man spits and slaps her face and curses her for the bad luck. She is left lying there, bloodied, her dress in tatters, the jerrycan lies empty beside her. She is not in pain, SHE IS PAIN. The sun is dropping fast. She ekes out meager strengths to hobble back home. As she alights in the household compound, she is greeted by a sight so ghastly no tongue can declare. She faints. "

Somewhere this happens every other day. At least 15 sub-Saharan African countries have active armed conflicts within their territories, reasons cut across themes of religion, politics, ethnicity, and perception of marginalization in warring factions. Whatever the reason, I bleed for the peasant. He does not comprehend the alphabet, but only that of the language of the earth he tills. His wife and children are vulnerable to the horrors of conflict.

The female --girl and woman-- shall be preyed upon in all impunity. Physical assault in the form of rape is eminent in all conflicts and has been used as a weapon of war to debilitate the adversary. This leaves mothers vacuous, and with extinguished self-worth and confusion. If it happened behind the public eye, she'll keep shut and quietly assuage the inferno; but had it been witnessed by any community member including her husband, she is well-nigh doomed. That marriage is over. She's ostracised, and there is no one but her to blame. Bitter! These factors complicate any hopes of a sound recovery and exacerbate the likelihood of Post-Traumatic Stress Disorder.

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Post-Traumatic Stress Disorder (PTSD) is caused by exposure to a traumatic event and intense psychological distress occurs as a result of re-experiencing the event. PTSD successful recovery is subjective and measured by whether the survivor increases the control of her life, forgives herself for the guilt, shame, and other negative cognitions, and gains stress reduction skills for overall better functioning.

In urban centres, the more educated population are at an advantage. Though scarce, survivors can access self-help groups to facilitate recovery. A proud mention is the Totya Platform in Uganda's central region, a brainchild of Ms. Aguti Janet, a survivor as well. Besides, the much-needed services of mental therapies are somewhat available.

What of the bucolic countryside, in the communities that border the jungles, where cultural misconceptions and myths reign supreme, where the populace is gullible and impressionable. In these secluded corners of the world, finding a psychiatrist and/or psychologist, professionals whose mandate is to help create a new perception in the minds of these survivors and improve their quality of life, are unavailable. It is a pipe-dream. Alone, these women must rely on their mental mettle to cope and the tardive healing balm of time.

If she has not resolved to suicide, she'll tend to her garden. As she bends to uproot the weeds, bitter tears wet the soil . . . The Poem "Bleeding Scar" by Quoheleth (in Volume 41) is about a survivor who has not yet survived. Will you help her, or let her sink?

LinkedIn profile considerations for graduates

by

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LinkedIn is a social networking platform for business professionals, with over 600 million users. It is, therefore, advisable that students register and make use of LinkedIn to find jobs. Here are some LinkedIn profile considerations for students and graduates:

Photo

Providing a photo, head and shoulders up, with a clean background, will increase your chances of being searched by prospective recruiters.

LinkedIn headline

The best formula to write a graduate headline is what you are currently doing, followed by what you aspire to do. For example, 'Marketing graduate seeking position in marketing'.



Marile Roos (Senior Employability Consultant: Career Services Office)

>>>>>

LinkedIn URL

Personalise your URL to your name and surname. To follow the steps to personalise your URL in LinkedIn, Google 'How to personalise your LinkedIn URL'.

LinkedIn summary

This section can be regarded as the old cover letter. Some tips for writing a summary are:

- Describe what you are currently doing.
- Describe what you are passionate about. For example: 'Completed my degree in marketing, passionate about thinking out of the box and coming up with creative ideas'.
- Add information on any work experiences you might have and mention accomplishments.
- Also add a call for action, for example: 'Currently seeking employment in the Information Technology field'.
- Do not write more than three paragraphs with three to four sentences per paragraph
- Use keywords from industry to allow recruiters to find you more easily.

Work experience

Add work experience, regardless if it was part-time, voluntary or vacation jobs

Skills

It is recommended that you add at least five skills. Make sure they are skills that you actually possess and that they are relevant to your education and past work experiences.

Endorsements

Do not be shy to ask for endorsements from former lecturers or employers.

Networking

LinkedIn provides a unique opportunity to network. Request to network with your former classmates, friends and family.

Alumni network

The Alumni network provides you with an opportunity to engage with former Alumni from your education institution. Former Alumni can be an excellent resource to connect you with potential future employers. For example, you could request an informational interview and not just directly ask for a job.

A home-based ECD in Wentworth, Durban, South Africa – Sunbeam Pre-Primary

by

Romany Roberts

(Principal: Sunbeam Pre- Primary school)

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Hi, my name is Romany Roberts, I am the principal of Sunbeam Pre- Primary school, a home-based early childhood development site in Wentworth, Durban.

A community riddled with unemployment, single parents, drugs and violence. Entwined in this community is also unity, and families have long histories dating back to many generations.

As a principal and the team in early childhood development, we have a great opportunity to change the landscape of our community. For me it is reaching out to young ladies in high school and giving them a chance to volunteer in the holidays, and expose them to the challenges faced by single parents, and also to allow them to gain experiences should they wish to au pair, the importance of starting a Curriculum Vitae while still in school. These experiences will hopefully reduce the number of teenage pregnancies.

Most importantly, we can and we must use the opportunity achieve life-long learning from the early years of development of a child. Quality education in my school is of utmost importance to every child. We have a low absenteeism rate at school and that is very encouraging.

Early detection and referrals of any learning barriers is of utmost importance. We maintain good relationships with Wentworth Hospital speech , occupational, behavioural therapists and dentists. The children have confidence and we build self-esteem. We ensure good nutrition and have dance & movement and sports programs. Our children have an opportunity to read books and are encouraged to read out aloud to their classmates. We use a few props to make it exciting.

We might have so many negatives in our community, but it is in our hands to shape the life and future of a child. Let us leave no child behind. Early childhood development children learn through play and we should never forget that.

We can measure our success as a school when parents from more affluent areas come into the area because of the quality of education, at an affordable fee. It is a win/win situation for both the parent and the school when the parent sees quality education as an investment in a child's life.

Most of our parents choose Sunbeam Pre-Primary from word of mouth, friend or relative's child who has attended the school.

Qualified staff, registered with social development and networking with all stakeholders makes Sunbeam Pre-Primary a great place to be passion driven. Early childhood development sector must be seen as the most important if we wish to see change in our communities.

"THE CHILDREN OF COVID-19: THE GAP BETWEEN RICH AND POOR WILL WIDEN"

Reviewed by

Dr. Betty Govinden

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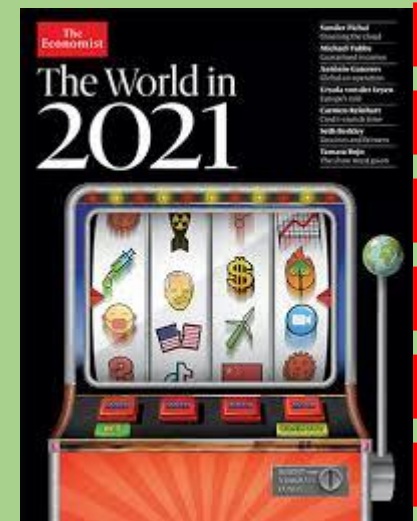
The COVID-19 PANDEMIC has created the largest disruption of educational systems in history, affecting nearly 1.6 billion learners in more than 190 countries and all continents. Closures of schools and other learning spaces have impacted 94% of the world's student population, and up to 99% in low and lower-middle income countries. [See *UN Policy Brief: Education during COVID-19 and Beyond*, August 2020]

Idrees Kahloon, the Washington Correspondent for *The Economist* makes the following observations related to the impact of COVID-19 ON CHILDREN:

- *Poor children face increased poverty, family job loss and disrupted schooling.
- *Poor children do not enjoy good internet connections or personal laptops.
- *They miss out on free meals.
- *They will suffer a year of lost learning.
- *Food, housing and parental instability are harbingers of worse behaviour in schools, poorer testing outcomes and, eventually, lower rates of high-school graduation and college completion.

He points out that the lack of a coherent policy response will lead to even greater inequality. He suggests that there should be various "insulating policies to cushion the blow". For example, there should be "tutoring corps" for those unable to afford such help, and wider access to laptops.

[See *The Economist*, p. 46]



[Note: Idrees Kahloon studied Applied Mathematics and Economics at Harvard.]



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CONTINUATION ON MIND FULL or MINDFUL : PART 02

The Battle of The ... B U L G E A Mindful Choice

THE MIND BOGGLES

The Battle of the Bulge has, over recent history, been a major pre-occupation of the human mind. The expense? A depletion of both our individual and collective resources; a diminishing of our access to our true self, who we essentially are.

We may justify the reason it continues to be allowed to consume our attention ... its obvious outward show and the discomfort that brings : clothes fitting tightly, others noticing and remarking ... You know the feeling!

A PRIVATE PERSONAL TENSION

Let's consider a bulge of a very different kind - one of even greater personal discomfort and, having the potential to evolve from discomfort to pain and even dis-ease - one that should be more commanding of our attention - yet we are inclined to overlook and even ignore it. The probable reason? It's perceived to lack the "fan fare"! We choose to pretend it doesn't exist ... an act of denial.

The bulge? An inflated ego.

As we allow the ego to blossom, we suppress our essence and lose touch with our authenticity. You disagree? It's no wonder. It's that we have progressively come to be so identified with the ego that we fail to recognize it as an imposter!

For a moment, allow me to digress briefly to make my point. I use the image of the coconut to illustrate how we grow to live a distance away from ourselves!

Within each of us is a growing personal tension - one that grows as we become more socialized in the world. It is the tension between our essence and our ego.

The image of the coconut shows **our essence** (the white fleshy fruit) and **its essential ego** (the thin veneer of brown skin over our essence).

The thick hard shell shows the ego we have come to identify with and which alienates us from our essence. The husk represents our life's expenditure in service of the inflated ego.



our ESSENCE

ego we identify with
essential ego



IN TOUCH WITH OUR ESSENCE (BE-ing ... Human!)?

Each of us, at the level of our essence is equal. At this level, we are able to recognize the value and worth of the other; we are respectful, patient, tolerant and receptive. Our natural choice is humility.

Infants show great facility with relational choices - how they relate with the self is how they relate with the other: they demonstrate forgiveness and gratitude and a willingness and ease to surrender. Infants are not driven by unreasonable expectations and are not vulnerable to disappointment.

NAVIGATING "TURBULENCE"

In our first issue we briefly mentioned the need to "Navigate the Turbulent Cs" (choice and consequence). It's now time to revisit the turbulent Cs in another way: the choice? Crucial, courageous confrontation of the ego.

CRUCIAL CONFRONTATION OF THE EGO

There are amazing benefits to developing an awareness of the ego and having the courage to confront it: an unattended ego complicates our lives. It impacts on our choices in ways beyond our realization.

Here's a simple courageous exercise: **PAUSE to PAWs ...** (pay attention to the whispers)

Observe your thoughts. They are an overbearing pre-occupation of the mind!
They have the power to torment you!

Nikola Tesla shares the wisdom that alerts us to the importance of paying attention to our thoughts:

"It starts with a thought,
is amplified by emotion and
given momentum by action."

How many of your thoughts are about your perceptions of how others think and feel about you?
How often do we want to change the world by changing others?
... a feeling that "they" need to change; we are perfect!

Filtering and practicing discernment with our thoughts - especially thoughts that emanate from an inflated ego is an essential skill that needs practice.
It requires courage to practice restraint and be still (pause) and to pay attention to "whispers" - the thoughts, the self-talk, obsessive thinking ...

Each time a choice is regretful, observe. You will invariably find it was born of the ego.

SOME "COSTLY" EXPERIENCES ASSOCIATED WITH "EGO THINKING"

The cost is mental-emotional, physical, physiological, social and spiritual!

Paying attention to the effect instead of the cause; the need to be right; perfectionism;
Competing: "I am better than the other; Superiority: "Putting others down"
Irrational/impulsive choices: harshness in speech; impatience
Obscuring weaknesses: hypocrisy, pride, vanity, anger; fear of rejection or failure ...
Narcissistic behaviour; bullying; self-importance ...



RESEARCH BYTES

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Campbell, W. Keith & Foster, Craig & Finkel, Eli. (2002). Does Self-Love Lead to Love for Others? A Story of Narcissistic Game Playing. *Journal of Personality and Social Psychology*. 83. 340-354. 10.1037/0022-3514.83.2.340.

"Does loving oneself lead to loving others? The answer is not the simple "yes" often noted in popular discourse. In fact, the opposite is often the case. Self-love as operationalized as narcissism is linked to game playing and selfishness in romantic relationships. Narcissists look to relationships as a source of power or control—not as an arena for experiencing and expressing commitment. Narcissism does not lead to loving others in any interpersonally positive sense of the phrase. In contrast, the implications of self-esteem for loving others are generally positive but are still mixed. High self-esteem individuals may be resistant to negative experiences of lovesickness. However, they may also miss the highs associated with manic love. These individuals also report greater passionate love. In sum, the ego can be as much of a hindrance to romantic relationships as it can be a help. Individuals looking to experience love may be best served by turning out toward the other rather than turning in toward the self."

"Does loving oneself lead to loving others? We note two possible answers to this question. The first, promoted by advocates of the self-esteem movement, is that self-love is a necessary precondition for loving others. The second, more consistent with the ancient Greek myth of Narcissus, suggests that self-love is an impediment to loving others."

"Each participant was given a booklet of personality measures to complete. He or she was reassured that the answers to the questions would be kept confidential and would not be shown to the partner. At Time 1, the same narcissism, self-esteem, and love styles scales were included in the questionnaire. (Additional scales for unrelated research were also included.) At Time 2 (7 weeks later), participants again completed the relevant questionnaires. They also rated their partner's level of game playing on a two-item scale based on the LAS (i.e., "My romantic partner 'plays games' in our relationship"; "My romantic partner keeps his/her commitment to our relationship a little uncertain"). These were answered on a 9-point scale ranging from 1 (not at all) to 9 (very much)."

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PRIMARY SCIENCE PROGRAMME (PSP)

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SUBJECT	FOCUS	GRADE	DATE	TIME	MORE DETAILS & BOOKING LINK	MS. TEAMS JOINING LINK
Natural Sciences & Technology (NST)	Nutrients in Food & Nutrition (ATP Week 4-7)	6	Wed 24 Feb 2021	13:30–16:00	https://pspcrm.org.za/join/rVp03Mk6LL	http://bit.ly/3k8IQPz
IsiXhosa	Ukuphulaphula nokuthetha (ATP Term 1-4)	R-3	Thu 25 Feb 2021	13:00–15:30	https://pspcrm.org.za/join/gJV8GI6oxk	https://bit.ly/3sa3j9g
IsiXhosa	Ukuphulaphula nokuthetha (ATP Term 1-4)	4-7	Wed 03 Mar 2021	13:30–16:00	https://pspcrm.org.za/join/Wo1nGWxYkQ	http://bit.ly/3qP7xmt
Mathematics	Cluster Project conference	R-3	Sat 6 Mar 2021	08:30–11:30	https://pspcrm.org.za/join/el2E95Vv4V	http://bit.ly/3jLXvQw
Natural Sciences & Technology (NST)	Investigating the structure & growth of plants (ATP Week 3-8)	4	Tue 09 Mar 2021	13:30–16:00	https://pspcrm.org.za/join/2DXR0GyyvK	http://bit.ly/3qlzUCO
Life Skills	Healthy Living, Environment, Habits, & Healthy Protection	R-3	Wed 17 Mar 2021	13:00–15:30	https://pspcrm.org.za/join/Wo1nGWxYJ4	http://bit.ly/3qZ3m7y
Mathematics	Fractions (ATP Term 1-3)	4-7	Tue 23 Mar 2021	13:30–16:00	https://pspcrm.org.za/join/GWAZlw1168	http://bit.ly/2Npyj6l
Mathematics	Division (ATP Term 1-2)	4-6	Wed 24 Mar 2021	13:30–16:00	https://pspcrm.org.za/join/GWAZlw11n8	http://bit.ly/3bskY5o
Natural Sciences (NS)	Sexual Reproduction & Variation (ATP Week 5-9)	7	Thu 25 Mar 2021	13:30–16:00	https://pspcrm.org.za/join/rVp03gj0E	http://bit.ly/3qlzUCO
Generic	Strategies for managing the Classroom & Admin	R-7	Sat 27 Mar 2021	08:30–11:00	https://pspcrm.org.za/join/4G28BYxJNk	http://bit.ly/3qPbZBH
Natural Sciences & Technology (NST)	Life Cycles (ATP Week 9-10)	5	Tue 30 Mar 2021	13:30–16:00	https://pspcrm.org.za/join/y2z83pqoW	http://bit.ly/3qlzUCO
Natural Sciences & Technology (NST)	Ecosystems & Food webs (ATP Week 9-10)	6	Wed 31 Mar 2021	13:30–16:00	https://pspcrm.org.za/join/gMy537RRLY	http://bit.ly/3qlzUCO

Top quality teacher support materials are also available. Contact Glenda

5 Palatine Road, Plumstead, CPT | info@psp.org.za | www.psp.org.za | 021 691 9039




International Women's Day
#ChooseToChallenge #IWD2021

Worldwide, millions of people mark IWD on March 8. The day provides an important opportunity to reinforce commitment and action for women's equality, while also celebrating women's achievements. Fighting the good fight continues all year.

IWD 2021 campaign theme:
#ChooseToChallenge

WE "CHOOSETOCHALLENGE" THE SILENCE AND INDIFFERENCE ON GENDER ISSUES BY INDIVIDUALS/INSTITUTIONS AT ANY LEVEL OF SOCIETY.

@SouMe.movement SouMe_movement @SouMe_movement

JOIN US

Send us your individual or group #ChooseToChallenge selfies and we will add you to our online gallery and social media platforms.

Raise your hand high to show you're in and that you commit to choose to challenge and call out inequality.

WhatsApp the photos to +27 84 374 5334

The ultimate networking platform for mentoring and coaching women and girls so they can be champions in their lives; religiously, culturally and socio-economically through finding purpose and achieving it without violating other people's rights.

We advocate that humans evolve:
*Honour and acknowledge women as equally human.
*Promote and enforce respect of their WILL; freedom to make choices.

2 March 2021

**RESEARCH DIVISION COMMUNIQUÉ
UKZN INQUBATE | ENTERPRISE ACCELERATOR PROGRAMME**

Dear Staff and Students

UKZN InQubate, under the ENSPIRE programme, invites 'studentpreneurs' to apply for participation in the Enterprise Accelerator Programme.

Enterprise Accelerator is a practical entrepreneurial development programme that is run over six full day sessions on Saturdays. The programme is specifically crafted for the student entrepreneurs who are already running businesses. The aim is to capacitate participants with the necessary tools and knowledge to enable them to grow their businesses. At the end of the programme the participants will be expected to submit a business plan, cash flow and a project plan.

The 'studentpreneurs' who successfully complete this programme will be eligible to apply and pitch for a maximum of R100 000 business funding from UKZN.

Registration: [Business Accelerator Programme 2021](#)

For more information, please contact:

Lilly Njila: enspire@ukzn.ac.za

Issued by the University Research Division



**ARE YOU A
STUDENTPRENEUR
WHO WOULD LIKE TO GROW
YOUR BUSINESS?**

**GET UP TO R100 000
TO GROW YOUR BUSINESS**

**STARTING
17 APRIL 2021
09h00-14h00 | EVERY SATURDAY
FOR SIX WEEKS**

Registration link:
<https://forms.gle/3xAvq4PSvuKC53sS9>

INSPIRING GREATNESS

IMPORTANT NOTICES TO ALL AUTHORS

NOTICE 1

Dear Authors

Thank you so much to everyone who submitted their great creative piece(s) which were published in Volumes 1 - 41 and to those whose pieces are in the current publication, we are grateful for your amazing work.

Creative pieces in any language are welcome.

Kindly please note that we **ONLY** publish **8-10** “creative pieces” each week.

If your piece is not in the current publication, it will be published the following week.

Kind regards,
Creative Network Magazine Team

NOTICE 2

Dear Authors

Whenever you submit your creative piece to Dr. James, we kindly and warmly request you to please also send the following note with your submission:

I (Full name and Surname) hereby grant permission for the Creative Network Magazine to publish my submission (creative piece).