

The UKZN-DRILL programme presents:

HIV: Heart and Mind



*Prof Nombulelo Magula;
HOD of Internal Medicine
at UKZN*

Prof Bulie Magula is HOD of Internal Medicine at UKZN. After completing her Specialist training at UKZN, she was awarded the Fogarty Fellowship to study an MSc in Clinical Research at the Sackler School of Graduate Biomedical Sciences, Tufts University, Boston, Massachusetts, USA. On her return to South Africa, she was awarded the Discovery Foundation Fellowship and the SA MRC Self-Initiated Research grant and completed her PhD at UKZN titled “Metabolic Complications of Antiretroviral therapy in a South African Black Population”. She has a particular interest in the management of HIV disease and its intersection with non-communicable diseases.



*Dr Sibongile Mashaphu;
Specialist Psychiatrist and
Lecturer at UKZN*

Dr Sibongile Mashaphu is a specialist psychiatrist and lecturer at the University of KwaZulu-Natal. She has a PhD in psychiatry and her research area of interest is HIV and mental health. In response to the UNAIDS 90 90 90 call for AIDS prevention, she joined forces with a research team from UCLA to develop an intervention for HIV risk-reduction in serodiscordant couples. She has publications on HIV and mental health and her future plans are to look at an intervention for teenagers and young people who were born with HIV through maternal transmission.

26 April 2019

09h00- 09h05	Welcome and Introduction: Prof Mosa Moshabela
09h05- 09h15	DRILL Fellow: Dr Sherika Hanley
09h25- 09h30	Introduction to Prof Nombulelo (Bulie) Magula
09h30- 10h00	Keynote 1: Prof Bulie Magula: Cardiovascular Manifestations of HIV Infection and its Treatment
10h00 - 10h20	DRILL Fellow: Dr Bongani Nkambule
10h20 - 10h25	Introduction to Dr Sibongile Mashaphu
10h25 - 10h55	Key note 2: Dr Sibongile Mashaphu (HIV and the Mind) Psychosocial interventions on HIV Serodiscordant Couples
10h55 – 11h00	Discussion/Questions
11h05 - 11h10	Closing remarks