**ADSAI – Anti – Drug and Substance Abuse Awareness Initiative**

26 June 2017 was International Drug Free Day and this week (26-30 June 2017) is meant to be ‘Drug-free Week’

In light of this, the challenge to the university community, both staff and students, is to remain drug-free for this week if not for the rest of your life (see attachment for information should you need help/advice/assistance).

In creating awareness, the Anti-Drug and Substance Abuse Initiative (ADSAI) Task team would like to encourage everyone to observe the Drug-Free week and also consider the Alcoholics Anonymous motto that *“there is no safe limit for alcohol use and that the only cure for addiction is ABSTINENCE.”*

It has been shown that irresponsible drug use does have a link to HIV infection/transmission and the HIV and AIDS Programme agrees with Narcotics Anonymous and Alcoholics Anonymous that with an addict, “one is too many and more than one is not enough”

***YOU ARE CHALLENGED - BE DRUG-FREE – AT LEAST FOR THIS WEEK***

As an institutional response, 20 people representative of all Colleges and Departments who would like to be role-models/ADSAI ambassadors can contact Thembani or Eleanor on 031 260 3791 / 1670 for further details.