

The KZN Mental Health Advocacy Group  
invites you to the  
**3<sup>RD</sup> Annual Durban Mental Health Symposium**  
*"Voices from the Community"*

**DETAILS:**

**Date:** 12 July 2017

**Time:** 08:30 – 13:30

**Venue:** UNITE Building

UKZN Howard College  
Campus, Glenwood

Gate 8, Rick Turner Rd

**Cost:** R100

**4 CPD points**

**Gita Harie, Executive Director: Durban & Coastal Mental Health**

Community access to mental health services from a NGO perspective

**Liza Aziz, Chairperson: Action in Autism**

Support and access for people with autism

**Anne Kramers-Olen, Clinical Psychologist: Fort Napier Hospital**

Psychosocial rehab & de-institutionalisation: Ethical and practice issues

**Martin Harris, Author of *Heaven holds every tear***

My journey with depression over 30 years

**Michael J Theron, CEO: Choose Life Specialist Recovery Centre**

The neurobiology of addiction and implications for community health

**Evah Mulutsi, Director: Forensic Mental Health, Department of Health**

Implementation of the Mental Health Care Act in South Africa

**OPEN TO ALL HEALTH  
PROFESSIONALS AND  
SERVICE USERS**

**RSVP ESSENTIAL: [MHadvocacygroup@gmail.com](mailto:MHadvocacygroup@gmail.com)**

# SPEAKER BIOGRAPHIES

- **Gita Harie** is the Executive Director of Durban and Coastal Mental Health (DCMH) which is one of the largest mental health NGO's in the country. She has obtained a Social Work degree and an Honours Degree in Psychology. Gita has been in the Mental Health field for 38 years and has received many awards, one of which is being selected as the first South African to represent South Africa as a Gold Star Alumni in America. Through her leadership as the Executive Director, since 2000, DCMH has been the recipient of 25 coveted awards for service excellence and good governance.
- **Liza Aziz** has a B. Paed and BA (Hon) in Media and Communication. She has a son with autism. She is the founding member of Action in Autism and currently sits on the Working Group on Equal Access to Justice for Persons with Disabilities in the Dept. of Justice and Constitutional Development and the Presidential Working Group on Disability.
- **Anne Kramers-Olen** obtained her Masters degree in Social Science (Clinical Psychology) from the then named University of Natal (Pietermaritzburg campus). She completed her internship at the Midlands Hospital Complex in Pietermaritzburg during 1998. She has worked in both the public and private sector, and has published papers in the area of forensics, intellectual disability and psychosocial rehabilitation. She is an associate editor of the South African Journal of Psychology.
- **Martin Harris** is a former school teacher who has struggled with depression for over 30 years, and recently wrote an autobiography entitled, 'Heaven holds every tear'. He is a mental health care user at King Dinuzulu Hospital Complex in Durban.
- **Micheal J Theron** is CEO of Choose Life Specialist Recovery Centre and qualified as a clinical psychologist in 2008. He has since worked in both the private and public domains in a variety of areas, but now specializes in addiction, co-occurring disorders and recovery. He recently qualified as an international advanced alcohol and drug counsellor and is currently preparing to sit for his international diploma qualification in addiction and co-occurring disorders.
- **Evah Malutsi** is a clinical psychologist by profession. She also holds a nursing qualification with specialty in Primary health care, where she was extensively involved in primary health care nurse training. She is currently awaiting results for her PhD at the University of Witwatersrand on the implementation of the Mental Health Care Act in South Africa. She has been extensively involved in mental health policy and legislation for the past 12 years focusing mainly in psychiatric hospitals and forensic mental health services countrywide.