



Wellness | Save the Date

Experience Wellness at our Wellness Day

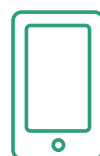
All UKZN employees are invited to the UKZN Medical Scheme Wellness Days. (UKZN Medical Scheme member's beneficiaries, such as spouses and children, are also welcome to attend).

Place	Venue	Date	Time
Medical School	K-Rith Foyer Area	28 July 2016	9:00 – 16:00
Westville Campus	Main Hall	18 August 2016	9:00 – 16:00
Howard College	Student Union Hall	22 August 2016	9:00 – 16:00
Pietermaritzburg	Colin Webb Hall	30 August 2016	9:00 – 16:00
Edgewood	Dining Hall	31 August 2016	9:00 – 16:00
Africa Centre	Canteen Area	16 September 2016	8:00 – 15:00

You will receive the results of your key body metrics and blood test so you can learn more about your health. The Corporate Wellness Team will be on hand to help you and answer any questions you may have.



Please remember to bring your
membership card



For any queries you may contact us on
0860 11 33 22